



# SCHOOL RULES

## Be Safe



## Be Respectful



## Be a Good Learner



Term 1 - Week 11 - Thursday 6 April 2023

## WHAT'S ON

Thurs 6 Apr	ANZAC assembly
Thurs 6 Apr	Last day of Term 1
Wed 26 April	<b>First day back for students Term 2</b>
Mon 15 May	Closing date for OC applications for Year 5 in 2024



The West Express

Fairfield West Public School  
Palmerston Rd, Fairfield West. 2165

Phone: 9604 5568

Email: [fairfieldw-p.school@det.nsw.edu.au](mailto:fairfieldw-p.school@det.nsw.edu.au)

**SCHOOL WEBSITE**

<https://fairfieldw-p.schools.nsw.gov.au>



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@FairWestPS

# News from the Principal – Genelle Goldfinch

Dear parents and carers

## **Thank you**

Today is the last day of term 1 2023. A big thank you and well done to all the students who have worked hard during the term to settle into a new class and follow new routines while continuing to learn.

Thanks to all the staff at Fairfield West PS for supporting the academic, social and emotional wellbeing of all students.

Thanks to the parents/carers who are our partners in supporting our wonderful young people to become their personal best.

## **Easter Hat Parade**

I had some serious hat envy today at the Easter Hat Parade! The students demonstrated so much excitement and their faces showed sheer delight while engaging in the parade. It was just amazing that the Easter Bunny paid a visit. Clearly, the Bunny knows how amazing all the students are and eggs were left as well!

## **Year 5 placement in an opportunity class in 2024**

Applications are now open for Year 5 placement in an opportunity class in 2024. Opportunity classes are for primary school students who have high academic potential or who are intellectually gifted. Opportunity classes are offered in Years 5 and 6, with parents / carers applying in year 4. Parents / carers must apply online between Thursday 30 March and Monday 15 May 2023 at:

<https://education.nsw.gov.au/oc> . For those interested, more details are provided later in the newsletter.

## **Student reports**

A social skills report went home this week to inform parents/carers about their child's behaviour at the start of 2023. This report indicated student behaviour both inside and outside of the classroom, attitude towards learning, attitude towards students and teachers as well as their work habits. These student reports may be needed in the future for High School enrolments so please keep them in a safe place. If you have any questions about this report, please contact the school office to organise a meeting with the class teacher. Parent/teacher interviews will be held towards the end of Term 2 where you will have the opportunity to discuss your child's learning in more detail.

## **Kindergarten enrolments – BEING TAKEN NOW**

If you have a child who needs to start Kindergarten in 2024 please complete an [online enrolment](#) as soon as possible or you can also come to the school for a paper enrolment form. After you enrol you will also be called to come with your child to the school for an interview. It is never too early to enrol and enrolling early will assist the school to prepare transition programs and events.

## **New policies, procedures and framework to keep students engaged in learning at school**

The Inclusive, Engaging and Respectful (IER) Schools package was announced in February this year by the then NSW Minister for Education and Early Learning, Hon Sarah Mitchell.

It centres on three new policies and procedures and a framework that together set the guidelines for how we ensure all children and young people can learn through public education in a safe and engaging way. The IER Schools package includes the:

- ✓ Inclusive Education Policy for students with disability
- ✓ Student Behaviour Policy and Procedures
- ✓ Restrictive Practices Framework and Restrictive Practices Reduction and Elimination Policy and Procedures.

With these new policies, we want all students to:

- be included in all aspects of school life and supported to learn to their fullest capability
- be supported in engaging, respectful, and effective classrooms with positive and inclusive practices
- feel welcomed, valued and safe in our schools and classroom

# News from the Principal – Genelle Goldfinch

Two of the policies are new: the Inclusive Education Policy; and the Restrictive Practices Framework and policy. Both clarify **existing** legal obligations, effective, appropriate, and prohibited practices, and the rights of students, parents, and carers.

The Student Behaviour Policy replaces the Student Discipline in Government Schools and Suspension and Expulsion Policy. The key change is the approach all NSW public schools will take to address disruptive or inappropriate behaviour by a student. The duration of a suspension will be reduced along with the number of suspensions across a school year. Every school will be able to draw on the support of a range of staff including behaviour specialists to effectively address issues resulting in these behaviours in order to prevent future escalations. We will continue to work closely with you and all our families.

It does not mean, however, that students who are violent or seriously disrupt the learning and wellbeing of others will be kept at school. Any student who puts the safety of other students, teachers and staff or visitors at risk of harm – will be suspended until it is safe for them to return.

The Inclusive Education Policy for students with disability and the Student Behaviour Policy become operational in Term 4, 2022 and the Restrictive Practices Policy becomes operational in Term 1, 2023.

Currently, the school's IER team is reviewing our current approach to all of the areas covered by these policies, and we will share any changes we may make with you throughout the year.

Our school already takes a strong, positive student-centred approach, but we want to work with you to ensure, together, every student has the right support at the right time to help them grow into confident, resilient adults.

For more information on these policies, please visit the [NSW Department of Education website](https://www.nsw.gov.au/education/policies).

## **Free books for young children**

Dolly Parton's Imagination Library is a **FREE** book gifting program devoted to inspiring a love of reading in the hearts of children everywhere. Children that are eligible and registered for the program will receive a free, high-quality, age-appropriate book in the mail each month from birth to age five. Children born from 1 January 2022 and living in the Cumberland or Fairfield Local Government Areas are eligible.

Register a child for this free book gifting program via the link below or contact your local library for an enrolment form. <https://imaginationlibrary.com/check-availability/>

## **Staff Learning**

Not only do the students spend their days learning, but so do all the staff at FWPS. Over the past two weeks staff members have participated in the following professional learning opportunities, mostly remotely:

- 2 full days Principal Conference– Principal
- 1 day School Leadership Institute - Principal

All staff professional learning ensures that the highest quality of education is provided to all students at FWPS.

## **Happy Eid al-Fitr**

To our students and families celebrating Eid al-Fitr, we wish you "Eid Mubarak!

## **Easter and Autumn holidays**

I would like to wish all people who celebrate a very happy Easter and to all a safe and restful Autumn holidays.

Looking forward to our students return happy and healthy on Wednesday 26 April.

*Genelle Goldfinch*

*/respect and acknowledge Aboriginal People as the traditional owners of the land on which / work, live and visit.*



# Student Report

## My experience during my Australia vs Ecuador soccer match

When I found out I had been chosen, my teacher and I were very excited but confused as she hadn't put my name in the draw. Luckily my parents allowed me to go so I was extremely happy. After school, I went straight to my brother to tell him I had won four tickets to a soccer match, Australia vs Ecuador. My brother's face lit up as he was super excited, just like me as this was our first time watching a live football match.

On the day of the soccer match we couldn't hold our excitement in. That morning we got ready as quickly as possible. We took the bus, so it took a while to get there and my brother and I could hardly contain our excitement.

When we arrived, we saw a pool of green and yellow jerseys. It took us a while to get into the stadium but when we got in, I was mesmerized as it was not what I was expecting. There were flames that lit the field and the loud music that echoed through the stadium. This made me even more hyped for when the game started. When the game started, they introduced us all to the players and the crowd became even louder as each player came out.

After my soccer match, my throat felt like it was blasted out. I was screaming and yelling after every goal Australia had scored. I kept laughing at my brother as he was miserable that Ecuador had failed to win. The score was 3-1 and it was the most incredible experience I have had.

I am very grateful to be able to experience the soccer match, so I want to thank Mr. Burfoot for donating the tickets.

Emily Nguyen 6L





# Easter Hat Parade

## Easter Hat Parade 2023



What an exciting morning we had at the 2023 Easter Hat Parade! Students from Support Unit, Kindergarten, Year 1 and Year 2 each had a chance to parade with their class, dancing to fun tunes and showing off their amazing Easter hat creations. We even had a special visit from the Easter Bunny! Well done to the students who won prizes!

When students returned to their classrooms, they found some special Easter treats left by the Easter Bunny.



Thank you to the parents and carers for helping students to create their masterpieces and coming along to celebrate!



# Sport News



## Horsley Zone Summer PSSA



<b>Round 5 24 March</b>	<b>Round 6 31 March</b>
WASHED OUT	Jnr Cricket v <b>Prairievale WON 78-71</b> Snr Cricket v <b>Prairievale WON 148-46</b>
	Jnr Boys T-Ball v <b>Prairievale WON 12-10</b>
	Jnr Newcombe ball v King Park Lost 4-15 1-15 Snr Newc v King Pk Lost 1-15 2-15 4-15
	Jnr Girls AFL v GPK Lost 8-19 Snr Girls AFL v GPK Lost 0-27
	Snr Boys Touch v Harrington St Lost 2-3 Snr Girls Touch v <b>Harrington St WON 2-1</b>

\*\*\* Summer PSSA competition games are played between 9.30am and 11.00am \*\*\*

### Fairfield West PSSA Results

<b>WINTER PSSA Rd 1 (Begins Friday Week 3)</b>	

### Representative Sport News

Fairfield West Representatives competing at Horsley Zone Championships

Horsley Zone Cross Country Championships 26/5/23

Horsley Zone Representative Teams competing at SSW Championships

Under 12's SSW Rugby League Championships 9/5/23

Netball SSW Championships 22/5/23

# Opportunity Class Placement

## Intention to apply for Year 5 placement in an opportunity class in 2024 For metropolitan/regional applicants

Opportunity classes are for primary school students who have high academic potential or who are intellectually gifted.

They provide an environment where students can learn and make friends with classmates of similar ability. This can benefit a student's academic progress and also their wellbeing.

Opportunity classes are offered in Years 5 and 6, with parents/carers applying in Year 4.

Students who are successfully placed will usually have to leave their current school to enrol in a school with an opportunity class for Years 5 and 6.

Opportunity classes are just one of the ways that we cater for our [high potential and gifted students](#).

### Testing and assessment

Applications for opportunity class placement are considered on the results of the Opportunity Class Placement Test. Students who wish to be considered for placement are required to sit the Opportunity Class Placement Test on **Thursday 27 July 2023**.

### How to apply

Parents/carers must apply online between **Thursday 30 March** and **Monday 15 May 2023** at:  
<https://education.nsw.gov.au/oc>.

You must use your own email address and not one belonging to your child. Late applications are not usually accepted.

If you do not have internet access you can apply at a public library or at your child's school. If you have a disability that prevents you from using a computer, you can contact the Unit for assistance after 30 March 2023.

You must submit only ONE application for each student.

The tear-off slip below is **NOT** an application, it is advice to the school that you intend to apply. The school **CANNOT** apply on your behalf.

THIS IS **NOT** AN APPLICATION FOR ENTRY TO AN OPPORTUNITY CLASS.

This is a notice to your primary school only that you intend to apply.

TO APPLY GO TO THE ONLINE FORM AT: <https://education.nsw.gov.au/oc>

Cut along the dotted line and return the completed slip below to this school by **Monday 8 May 2023**.

----- Cut here and return the note below to Ms Mah Chut -----

## Intention to apply for Year 5 placement in an opportunity class in 2024

Student's name: \_\_\_\_\_ Class: \_\_\_\_\_

I intend to apply for Year 5 placement in an opportunity class in 2024 for my child through the department's website between 30 March and 15 May 2023. I am aware that this is not an application and that the school cannot apply on my behalf.

Signature of parent/carer: \_\_\_\_\_

THIS IS **NOT** AN APPLICATION FOR ENTRY TO AN OPPORTUNITY CLASS.

This is a notice to your primary school only that you intend to apply.

TO APPLY GO TO THE ONLINE FORM AT: <https://education.nsw.gov.au/oc>



# Community News



Please come and join in the activities in the Community Cottage. A range of activities are available so please contact Rania 0492 842 572 if you are interested.



Tuesdays 9.00am-11.00am



Wednesday 9.00am-11.00am  
Starting 8 March.



Thursday 9.00am-11.00am

## COFFEE



## CHAT



Thursdays 2pm

## TUNING INTO KIDS

Wednesdays 9.30am-11.30am  
Starting 3 May. Refer to flyer  
below for further information.

If you are interested in a Citizenship test preparation group – call Rania 0492 842 572



## TUNING INTO KIDS

### ABOUT THE PROGRAM

Would you like to learn how to:

- Better understand your child
- Help your child learn to manage their emotions?
- Help prevent behaviour problems in your child?
- Teach your child to deal with conflict?



Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:

- Have greater success with making and keeping friends
- Have better concentration at school
- Are more able to calm down when upset or angry
- Tend to have fewer childhood illnesses

### Where

Fairfield West Public School,  
1 Palmerston Rd, Fairfield West NSW 2165

### When

Wednesdays 3, 10, 17, 24, 31 May  
9:30am–11:30am

### To register

Contact Dima on  
0420-703-725

Or register via the website:

<https://strongsafefamilies.online/program/>



Communities for Children  
Fairfield

Communities for Children Facilitating Partner Initiative Fairfield is funded by the Australian Government and facilitated by The Smith Family.



## ضبط سن الطفولة الاهل والذكاء العاطفي



برنامج للأهل مؤلف من خمس  
محاضرات ( للناطقين باللغة العربية )  
وتتراوح أعمار أطفالهم من السنتين  
لغاية العشر سنوات

### هل ترغب بتعلم كيفية

- فهم أفضل لابنك \ ابنتك .
- مساعدة ابنك \ ابنتك تعلم كيفية ادارة .
- مشاعرهم .
- مساعدة ابنك \ ابنتك تجنب مشاكل .
- السلوك .
- تعليم ابنك \ ابنتك كيفية ادارة .
- الصراعات .

يظهر لك برنامج ضبط سن الطفولة كيفية مساعدة ابنك \ ابنتك لتطوير  
ذكاءهم العاطفي والاولاد الذين لديهم مستوى اعلى من الذكاء العاطفي  
سوف:



- يكونون ناجحين اكثر بالمحافظة على اصدقائهم .
- يكون لديهم تركيز افضل بالمدرسة .
- يكون لديهم قدرة اكبر على التهدئة في حال الغضب .
- يكون لديهم معدل اقل للاصابة بالامراض عند الطفولة .

### المكان:

Fairfield West Public School,  
1 Palmerston Rd, Fairfield West NSW 2165

### الزمان:

Wednesdays 3, 10, 17, 24, 31 May  
9:30am-11:30am

للتسجيل يرجى الاتصال او  
بعث رسالة لديمة على الرقم

0420-703-725

Or register via the website:

<https://strongsafefamilies.online/program/>



Communities for Children  
Fairfield

Communities for Children Facilitating Partner Initiative Fairfield is funded by the  
Australian Government and facilitated by The Smith Family.

# Dolly Parton's Imagination Library

**Give your child the best start to life through an enriched home & community learning environment.**

Children that are eligible and registered for the program will receive a free, high-quality, age-appropriate book in the mail each month from birth to age five.

To enrol, scan the QR code or visit the link:  
[www.imaginationlibrary.com/check-availability/](http://www.imaginationlibrary.com/check-availability/)

You can also drop into your local library and enquire if the program is available to you.



Proudly funded by





# Attendance

NSW Department of Education



## Compulsory school attendance

### Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

### What are my Legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age of 17 years. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the NSW Education and Standards Authority for home schooling.

Once enrolled, children are required to attend school each day it is open for students.

### The Importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

# Attendance

## NSW Department of Education

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

### Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.

### My child won't go to school what should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

### What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- **Compulsory Schooling Conferences**

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- **Application to the Children's Court – Compulsory Schooling Order**

If your child's attendance at school remains unsatisfactory the Department may apply to the Children's Court for a Compulsory Schooling Order. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- **Prosecution in the Local Court**

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

### What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

### Working in Partnership

The NSW Department of Education recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.



# Community News



## SCHOOL HOLIDAY FUN

### FAMILY MOVIE TIME

Children and their families are invited to join us for movies on the big screen these school holidays.

Registration required.

#### Whitlam Library Cabramatta

Friday 14 April 11.30am-1pm

Wednesday 19 April 11.30am-1pm



### BUNNINGS CRAFT FUN

Join us for a fun craft activity these school holidays courtesy of Bunnings Bonnyrigg, Smithfield and Villawood. Places will be held for 5 minutes after the scheduled start time.

For ages 5+.

Registration required.

#### Bonnyrigg Library

Wednesday 12 April 10.30-11.30am

#### Whitlam Library Cabramatta

Wednesday 12 April 10.30-11.30am

#### Fairfield Library

Friday 14 April 10.30-11.30am

#### Wetherill Park Library

Friday 14 April 10.30-11.30am

#### Smithfield Community Library

Monday 17 April 10.30-11.30am



9725 0333



[www.fairfieldcity.nsw.gov.au/library](http://www.fairfieldcity.nsw.gov.au/library)



[libraryenquiries@fairfieldcity.nsw.gov.au](mailto:libraryenquiries@fairfieldcity.nsw.gov.au)



**FAIRFIELD CITY**  
OPEN LIBRARIES



## FREE APRIL School Holiday Activities

Children aged 8–12 years old

17 APRIL  
MONDAY  
10:30 AM TO 12.30  
PM

BOWLING  
LASER TAG

Lunch Included



710 SPLIT BOWLING

22 Railway Pde, Fairfield NSW  
2165

MUST  
REGISTER  
9609 7400



Communities for Children  
Fairfield



*everyone's family*

Communities for Children Facilitating Partner Initiative Fairfield is funded by the Australian Government and facilitated by The Smith Family



**COME & TRY**  
Your chance to  
sample a sport!

**ACTIVE  
KIDS**

# FAIRFIELD CITY *Active Fest*

**SUNDAY 30 APRIL 2023 | 11.30AM - 2.30PM**

Fairfield Youth and Community Centre, 55 Vine Street, Fairfield

### **FREE accessible event includes:**

- Meet Active Kids providers and local sporting clubs
- Help with registering for your Active Kids voucher
- Sports and recreation demonstrations
- Healthy food talk
- Food trucks
- Free show bags (limited amount)

**Walk ins are welcome**

**For further information, please contact**  
**02 9725 0222 or [scd@fairfieldcity.nsw.gov.au](mailto:scd@fairfieldcity.nsw.gov.au)**

Scan here to register  
for your Active Kids  
voucher



Find out more about Active Fest events at [www.sport.nsw.gov.au/activefest](http://www.sport.nsw.gov.au/activefest)



Short walk from Fairfield Train Station.  
Limited parking on-site (see map over page)





# Community News

**GET CLOSER TO WILDLIFE THIS EASTER AND SAVE MORE**



## **KIDS GO FREE ALL APRIL! EASTER EGG HUNT ALL LONG WEEKEND! ALL THREE PARKS!**

**Tickets go on sale on Saturday 1 April – set your alarms!**

For the entire month of April we are offering:

**FREE KIDS ENTRY at ALL OF OUR PARKS:**

**Featherdale Sydney Wildlife Park**

**Mogo Wildlife Park**

**Hunter Valley Wildlife Park**

PLUS, don't miss our massive **EASTER EGG ADVENTURE** on each day of the **Easter Long Weekend** – Friday, Saturday, Sunday & Monday!

**FREE Encounter Pop-Ups for Kids** on selected dates throughout April

**Meet Bruce the Koala** at Featherdale Sydney Wildlife Park on selected dates

**Super Saver Showbags** on sale too!

We are open EVERY DAY! 8am–5pm at Featherdale, 9am–4pm Mogo/Hunter Valley





## MUNCH & MOVE

South Western Sydney



APRIL 2023

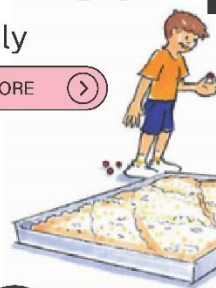
### What's Happening:

#### Nature Play Week - 17-30 April

The week promotes children being physically active in their natural environment.

READ MORE

A great resource to incorporate indigenous games into your physical activity program is Yulunga Traditional Indigenous Games. The finding the object game 'Luka-pul pul' (right) includes hiding natural objects in sand or dirt and asking children to find them.



For more games that incorporate nature play and using natural materials in activities, [click here](#).



#### FMS of the Month - galloping



The FMS of the month is galloping. Galloping involves stepping on one foot then sliding with the other foot in a forward direction. Weight is transferred from the front foot to the back foot with a small lift, before the front foot takes the next step. The stepping foot is always the front foot.

Step forward with one foot.



Second foot pushes the front foot in the air.

Toe to heel.



Source: Fundamental Movement Skills in Action.

QUICK TIPS

To make learning this skill fun, try this 'riders and horses' activity using skipping ropes, paper streamers or hula hoops. Check out the FunMoves video [here](#).



## Recipe - sandwich sushi



If you need inspiration about what to pack in lunchboxes or include for morning or afternoon tea, give sandwich sushi a try. This easy recipe uses few ingredients and can be used as a cooking experience.

**Makes:** 6 pieces.

### Ingredients:

- 2 slices wholemeal bread, crusts removed.
- 2 tablespoons vegetable-based dip (hommus, beetroot or pumpkin).
- 1 small tin sandwich tuna.
- ½ lebanese cucumber cut into strips.
- ¼ avocado cut into strips.

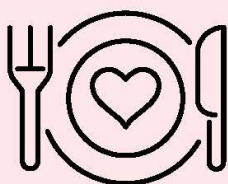
### Method:

1. Flatten bread with a rolling pin.
2. Spread dip over each slice of bread.
3. Arrange tuna on bread leaving a 2cm strip on one edge that is free of filling.
4. Top with an avocado and cucumber strip at the opposite end to the 2cm strip.
5. Roll up firmly to enclose filling.
6. Cut each sandwich into three rounds.



You can check out this video for a tutorial.

[CLICK HERE](#)



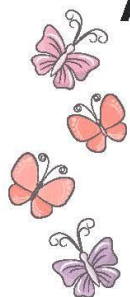
For more lunchbox and meal ideas check out the range of recipes and resources developed by Nutrition Australia as part of Healthy Lunchbox Week.

[LEARN MORE](#)





## Active play and indoor adventures



Are you looking for ways to keep children active indoors? Check out these ideas:



# 1

**Butterfly catch:** Pick up some craft feathers from the dollar shop, throw them in the air and have your children catch them with a butterfly net.

# 2

**Bean bag darts:** Use painter's tape to create a 'dart board' on the floor. Start by making a large rectangle and make smaller rectangles within the large one. The middle or smallest rectangle will be the bullseye.



Have children take turns aiming for the bullseye by throwing small bean bags towards the board. The start line can be close for younger players and further out for older ones. Assign values for each rectangle or see whose beanbag comes closest to the bullseye after a few chances.

# 3

**Colour quest:** Provide children with pieces of paper with five colours either written out for the older crowd or with the colours drawn with pencil crayons for children not yet able to read. Send the children on a hunt to find a certain number of items of each colour.



For 50 indoor physical activities for kids, [click here](#).



Follow us on



Get in touch at

SWSLHD-MunchandMove@health.nsw.gov.au





# School Uniforms



## Fairfield West Public School Uniform Order Form

All uniform orders must be pre-ordered through the front office or via email [fairfieldw-p.school@det.nsw.edu.au](mailto:fairfieldw-p.school@det.nsw.edu.au)

Garment	Price	Quantity	Size	Total
Dress	\$35			
Short Sleeve Polo Shirt	\$26			
Long Sleeve Polo Shirt	\$28			
Jumper	\$31			
Jacket	\$43			
Culottes	\$27			
Boys' Shorts	\$23			
Track Pants	\$29			
Sports Shirt	\$21			
Legionnaire Cap	\$8			
Baseball Cap	\$8			
Bucket Hat	\$10			
Beanie	\$8			
Scarf	\$8			
Library Bag	\$8.50			
	Total			

Child's Name:	Class:	Date:
Parent Name:	Mobile No:	

### Office use only

Date order received:	Payment Method: Cash Eftpos <a href="#">Parent Online Payment</a>	Amount Paid:
	<a href="#">MAKE A PAYMENT</a>	
Staff member Initial:	Items collected	Yes NO
Date Collected:	Parent/Carer Collected	Sent home with Student

Please ensure you clearly label all your child's personal belongings with their name and class.



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