



The West Express

Fairfield West Public School
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Thursday 5 March 2020

School Rules

Be Safe



Be Respectful



Be a Good Learner



Calendar

Week 7	What's on...
Mon 9/3-Fri 13/3	Support Unit review meetings
Wed 11/3	High School Expression of Interest forms to go home
Week 8	What's on...
Mon 16/3	Parent information session about High School Expression of Interest forms
Thurs 19/3	Harmony Day
Fri 20/3	K-6 assembly hosted by stage 3 at 11.45am
Fri 20/3	Final return date for High School Expression of Interest forms
Week 9	What's on...
Thurs 26/3	Vietnamese story time 3.15pm-4.15pm
Week 10	What's on...
Thurs 2/4	Autism Day
Week 11	What's on...
Tues 7/4	K-2 Easter Hat Parade
Wed 8/4	Cross Country Carnival
Thurs 9/4	ANZAC assembly 10.00am



FOLLOW US ON
TWITTER
@FairWestPS

SkoolBag

Fairfield West Public School now has a Skoolbag App. Newsletters, dates can now be delivered straight to your smart phone. For instructions on how to download the app visit our School Website.

SCHOOL WEBSITE

<https://fairfieldw-p.schools.nsw.gov.au>

News from the Principal ~ Genelle Goldfinch

Dear parents and caregivers,

Aboriginal Garden

For many years, students have been working closely with the Youth Community Greening Coordinator from the Royal Botanical Gardens to create and maintain an Aboriginal Garden trail on the school grounds. The installation of signage over the past week has occurred as part of this informative project. The signs name the plants and provide information about the traditional uses of those plants. Thank you to all who have been involved in this garden which is providing an informative outdoor learning place for students.



Reading eggs

An online reading program called Reading Eggs is now being used in all classrooms across K-6. A subscription for each student was purchased by the school. This can be accessed at home for ongoing practice. Please ask your classroom teacher for your child's login details if you don't have them already.

Update contact details – phone number and address

Please ensure that we have all of your current details so that if we need to contact you we can. Please come to the front office to make any changes.

News from the Principal – Genelle Goldfinch

Safe people, Safe places

It is important to make sure that we all work together to ensure the safety of our students/children. The NSW Police Force and the NSW Government outline tips that you can give your child when they are out and about to keep themselves safe. Please see the tips at the end of this newsletter.

Tell them from me

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au>

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. More than 6,300 schools in Australia and around the world have used *Tell Them From Me* to survey 5.4 million students. Capturing the voices of our students will help improve how we do things at our school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 9 March and 8 May 2020. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you **do not** want your child or children to participate, please return the form to school by **Friday 13 March**. Copies of the form and FAQs are available from: <http://surveys.cese.nsw.gov.au/information-for-parents>.

The consent form and FAQs are available in 23 languages.

Removing head lice and nits

Mention head lice and most of us instantly develop an itch. While head lice and nits, (the eggs of head lice) are certainly annoying and persistent, they're not dangerous. The following website provides everything you need to know on how to rid your kids of head lice and nits.

Find out more: <https://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>

Staff learning

Not only do the students spend their days learning, but so do all the staff at FWPS. Over the past two weeks staff members have participated in the following professional learning opportunities:

- Formative assessment – ALL staff
- Full day beginning teacher – one teacher
- Language, Learning and Literacy – six stage 1 teachers
- Language, Learning and Literacy – one early stage 1 teacher
- Flourish – one Deputy Principal

All staff professional learning ensures that the highest quality of education is provided to all students at FWPS

I respect and acknowledge Aboriginal People as the traditional owners of the land on which I work, live and visit.

Enjoy a relaxing weekend!
Genelle Goldfinch



Student Learning

6E Class Report

6E have had an exciting start to their final year in primary School. The students have begun the year with a positive mindset and have enjoyed getting to know their classmates and their teacher alike. They are excited about all the fantastic learning opportunities, both inside and outside the classroom, they will be encountering this year and all the special year 6 events they will enjoy.

One of the many learning opportunities 6E has been involved in is the "Connect to Nature" program run by the Royal Botanic Gardens. Students have been exploring our gardens and learning about native Australian animals and their habitats while using nature to create artworks to display in the gardens. Can you see some of the animals and their habitats they've created?



During our reading lessons, the students have thoroughly enjoyed using the program Reading Eggs which has been purchased for every student in the school. Students have been given the opportunity in class to become familiar with the program and how they can access it at home to help them with their personal learning goals.



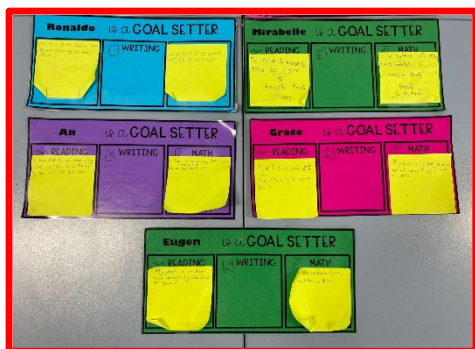
As the leaders of the school, 6E have been excited to work with our younger students to facilitate their fitness rotations. Each week, the students plan a new activity using the Fundamental Movement Skills, which they lead the stage 1 students through. The students have enjoyed their leadership roles and are thriving with creativity to keep it interesting for our younger students.



Student Learning

6L

6L have begun the year with a bang. We have all settled in nicely; getting used to our routines and daily schedule. Our class is very excited to be in its final year of primary school. We are looking forward to all the learning and Year 6 events that will take place throughout the year.



6L are a bit of a crazy bunch. Our class is filled with passionate, curious and enthusiastic learners, who are kind and caring leaders of the school. This year we aim to be responsible and active learners who strive to put our best work forward, no matter how challenging the task may be.



To ensure we are going to be active and responsible learners, we began with writing up our Mathematics and Reading goals for this term. Most of us wanted to learn our multiplication tables by the end of term. As for our reading goals, some wanted to move up to our next reading level.



In Mathematics, we have been learning about negative numbers and using different strategies to add and subtract them. We had the opportunity to use iPads to hunt for QR codes around the classroom and the senior quad and solve the question that appeared. We had a great time solving and moving in Mathematics.



Our creativity was tested this term. Ms Lam took photos of us 'thinking' and we had to draw all the things our mind could possibly think about. We researched some images on the laptops to help spark some inspiration. The result of our art work was phenomenal.

The year has just begun and we can't wait to see what the year entails for us!



Student Learning

The National Young Leaders Day

On Monday 2 March our School Captains and Councillors attended The National Young Leaders Day at the ICC Sydney. They had the opportunity to listen to four engaging speakers.

Erin Molan, the first female NRL footy show host, told the students to never give up and stick with their goals. She applied for 98 jobs before getting her first role on Channel 9. Rove McManus, comedian and television host, informed the students of his new books, Rocky Lobstar and Disgusting McGrossface, and how he created the ideas for them. He advised the students to collaborate with others to get better ideas and to regularly draw and write ideas down. Bianca Chatfield, former Vice Captain of the Australian Diamonds, discussed the idea that we are all leaders and that we shouldn't compare ourselves to others. John Coutis was a crowd favourite and he talked about his life after being born with a disability where his legs were unable to develop. He taught the students to be thankful for what they had and to get out of their comfort zones.

It was an inspiring day and the students have lots of ideas to put into action at our school.



Stick
with
goals.

Collaborate
with others
to get new
ideas.

We are
all
leaders.

Get out of
your
comfort
zone.



Community News

High School 2021- Important Information

High School Expression of Interest forms will be sent home with all year 6 students on Wednesday 11 March. An Expression of Interest form must be completed for every year 6 child regardless of where they will be attending high school. An information session will be held at 3:10pm on Monday 16 March in the school hall to assist parents and caregivers with the completion of these forms. All forms must be returned to school by Friday 20 March 2020.

For those year 6 students who applied to sit the Selective High School Placement Test, it will be held on Thursday 12 March 2020 from 9.00am to 1.30pm. Unless parents have made special arrangements with the High Performing Students Team to attend an individually allocated test centre, candidates from this school have been sent to:

PRAIRIEWOOD HIGH SCHOOL
Prairievale Rd
Wetherill Park


Please see Ms Mah Chut with any questions or concerns regarding year 6 moving to high school in 2021.

Community Hub

Activities in the Community Hub have resumed for 2020. Rania Bursic is the Community Hub Leader at FWPS this year. If you would like to join any of the groups or speak to Rania you can contact her in person in the Community Cottage or on 0492 842 572.

Fairfield West Public School Community Hub

2020 Term 1 activities timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast club 8.30am-8.50am	Breakfast club 8.30am-8.50am	Breakfast club 8.30am-8.50am	Breakfast club 8.30am-8.50am	Breakfast club 8.30am-8.50am
Floristry TAFE NSW Starting date TBC Mondays 9:30am-1:30pm Childminding not provided	English Conversation Sydney Community College 12:30pm- 2:45pm Starting Tuesday 04/02 Childminding provided for FREE	Community Kitchen In Partnership with NSW Health 9:30am – 12:30pm Starting Wednesday 05/02	Playgroup Karitane Starting Thursday 06/02 9:15am-11:15am	Community Gardening IN Partnership with Health Department and Botanic Gardens Workshops Provided by Bunnings and Botanical Gardens Fridays 07, 21 Feb 06 March and 03 April 9:30 am
		 Centrelink Information Session myGov Wednesday 19/02 11:30am-12:30pm	12 3 Magic (Arabic) In partnership with Park Community Thursdays 5/03, 12/03 and 19/03 11:00am-1:00pm Booking Essential	

Community News

Services Australia Information Session

Hosted by: Fairfield and Cabramatta Service Centre

Date: 10 March 2020

Time: 10.00 am to 12.00 pm

Location: Level 1, 29-33 Barbara St, Fairfield

Email: CSCM.Fairfield.N@servicesaustralia.gov.au

RSVP: By Friday 6 March 2020

Additional information

Come along to an information session. You'll be provided with information on the Jobseeker 2020 payment and our Digital Services.

Playgroup

An Assyrian/Chaldean playgroup and parenting session began this week in the Community Hub. It is led by the Ethnic Community Services Co-operative and is a bilingual playgroup. If you would like to attend, please contact Rania on 0492 842 572.



Community News



Community Greening

People, Plants, Places

Fairfield West P.S. Propagation Program 10:00am to 11:30am

March	Friday 6 th	Construction of greenhouse, no-dig garden and wicking bed (over several visits).
April	Friday 3 rd	Excursion to Australian Botanic Garden <i>9.30am to 1.30pm</i>
July	Friday 3 rd	What to plant when? Making seed raising mix.
August	Friday 7 th	What is organic gardening?
September	Friday 11 th	Spring seed propagation.
September	Friday 25 th	How to care for seedlings.
November	Friday 6 th	Understanding soil pH?
December	Friday 4 th	Seed saving.

All workshops will include hands-on time in the propagating area.



The Royal
BOTANIC GARDENS
& Domain Trust

Community News

Mujadara

Ingredients

- 2.5 cups brown lentils
- 1 cup rice
- 1 teaspoon salt
- ¼ cup olive oil
- 4 onions 3 chopped, and 1 sliced
- 1 teaspoon ground cumin
- Toasted almond slivers

Instructions

1. Rinse lentils, strain and place in a large pot with enough water to cover.
2. Bring mixture to a boil, then simmer and cook until the lentils are tender, about 15 minutes.
3. Rinse the rice, then transfer to the pot of lentils and season with salt. Add 2 cups water, bring to a boil, then reduce to a simmer and cook until the rice is tender, about 15 minutes.
4. In a separate large pan, heat half of olive oil on medium heat and fry the chopped onions until golden brown, about 10-15 minutes. Transfer on top of the lentils and rice mixture, add cumin and toss to combine.
5. In the same large pan used to cook the onions, heat the remaining olive oil on medium heat and fry the sliced onions until golden brown and caramelised, about 15 minutes. In the last couple minutes of frying the onions, you can turn up the heat to high to get a crispy texture.
6. Serve the caramelised onions and toasted almond slivers on top of mujadara.

Broccoli Salad

Ingredients

- 4 florets of broccoli cut into pieces
- 1 large red onion sliced
- 1 large carrot sliced
- 1 large cucumber sliced
- 1 handful of chopped parsley

Dressing

- 1 lemon juiced
- 4 tablespoons balsamic vinegar
- 2 tablespoons of olive oil
- A pinch of salt
- A pinch of cracked pepper
- A pinch of cumin
- A pinch of dry mint

1. Bring a pot of water to the boil then add broccoli and carrots. Cook for about 3 minutes, then drain.
2. Place blanched broccoli with carrots, onions, cucumber and parsley in a large bowl and toss.
3. Next, prepare the dressing. Mix lemon, vinegar, olive oil, pepper, salt, cumin and mint together until smooth. Stir into the salad and serve.



Community Information



**SING, PERFORM,
MAKE FRIENDS!**

**FREE
TO JOIN**

**Join Sydney Children's Choir
right here in Fairfield.**

Open to young people from Western Sydney Yr 3 - Yr 8.
Free shuttle bus provided, see bus timetable on reverse side

Weekly rehearsal during school term (Tuesdays 4pm-5.30pm) at
Fairfield Public School, Smart Street



PACKER FAMILY
FOUNDATION



**For more
information call
0416 150 511**

Community Information

Bus Timetable

Sydney Children's Choir will pick students up from their schools:

2.55pm	Bonnyrigg Public School
3.15pm	Fairfield West Public School
3.20pm	Fairfield Heights Public School
3.30pm	Fairvale Public School
3.35pm	Our Lady of the Rosary Primary School
3.45pm	Arrive to Fairfield Public School

Come and try - 3 rehearsals and a concert!

Come to three rehearsals and learn songs to perform for family and friends.

Tuesday 17 March

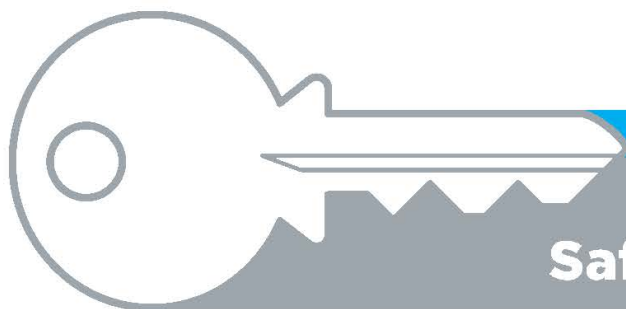
Tuesday 24 March

Tuesday 31 March

Tuesday 7 April – open rehearsal and concert for families

**For more
information call
0416 150 511**

Community Information



NSW POLICE FORCE CRIME PREVENTION SERIES

Safe people, Safe places

The safety and wellbeing of our children is paramount. As parents and carers we can't always be with our children to advise and protect them.

When out and about, children can be confronted with situations where good decision-making is vital. With this in mind, advising our children with appropriate responses to certain situations will help them avoid trouble and danger.

Here are some simple tips to give your children for when they are out and about.

Protect your child walking home

- **ALWAYS** identify safe places on the way home from school.
- **DO NOT** stop and talk to people you don't know. Go straight home or to your intended destination.
- **ALWAYS** find a safe place if you feel frightened. These include schools, shops, churches or police/fire/ambulance stations and tell them that you are frightened.
- **NEVER** get into a car with someone you don't know.

Protect your child on public transport

- **NEVER** travel in isolated areas. Find crowded carriages, guard's compartment (marked with a blue light) or at the front of the bus.
- **ALWAYS** try to travel in groups of friends if possible.

Protect your child when in public spaces

- **ALWAYS** carry a contact number for your parents. (On a card attached to your clothing, written on your arms or in your phone).
- **DO NOT** walk away from family or friends without telling them where you are going, when you'll be back and who you are with.
- **ALWAYS** walk away from fights or arguments, unpleasant or aggressive behaviour and take your friends with you.
- **REMEMBER**, always tell your parents, carer or teacher if something has happened.

*For more crime prevention information
visit us on www.police.nsw.gov.au*



Justice



Triple Zero (000)

For emergencies or life threatening situations.



Police Assistance Line (131 444)

For non emergencies.



Crime Stoppers (1800 333 000)

To provide crime information. It can be anonymous.







Protect your children

Community Information



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
-  lessons & activities
-  uniforms & shoes
-  books & supplies
-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



Contact

your local Saver Plus Coordinator

Phone

1300 610 355

Email

FairfieldSP@thesmithfamily.com.au

Online

saverplus.org.au

Find us on Facebook 



* many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.